



GUILDLINE PROTOCOL FOR DETECTED COVID-19 INFECTION

Once you get tested positive Covid-19 infection. You may be able to isolate yourself at home, or you may need to stay at home isolation or hospital (hotel that is used for COVID-19 patients with no or mild symptoms, with monitoring by nurses) or hospital.

How to report yourself to the Covid-19 center?

1. For Government staff or Thai citizens (on 30 Baht scheme) who have been infected Covid-19 virus, please report to 1330 and press 14. Please contact the call center agent to record your history of illness, so that if you become really sick, they can cooperate with 1668 & 1669 to assist you to get help.

2. For company workers or employees at other organizations with social security insurance, you must determine on your own which at hospitals you are entitled to treatment and contact your priority hospital. If the beds are all occupied, please contact 1506 and press 6 to talk with the call center.

3. For migrant workers (Laos, Cambodia, Myanmar, India, Nepal) and foreign tourists please call 1330 press 14 to coordinate for your home isolation & hospital quarantine assistance.

4. Patient is notified of a positive result from a COVID-19 test, patient must report to the COVID-19 Center (Line ID: @Sabaideebot or Line ID: @nhso) or (<https://crmsup.nhso.go.th/#TicketHI>) in order to ensure the patient receives assistance to obtain care and quarantine. Until the nurse from the COVID-19 contact team calls the patient, he or she must quarantine at home. If the patient needs immediate medical care, he or she must quarantine at a hospital, supervised by the doctors and nurses. According to Thai law and Ministry of Public Health COVID-19 regulations, all patients must telephone to report themselves to the government

How can the clinic assist with the positive covid-19 infection patient if terms of tourists?

Here are some guild lines for the coordination with the hospital quarantine or hospital partnership that MedConsult Clinic has got contract.

<https://www.medconsultasia.com/>

Patient must provide the following information below;

1. Passport
2. Positive result
3. Insurance
4. Thailand pass
5. Proof of Immigration
6. Proof of Visa Expiration
7. Flight itinerary tickets (round trips)
8. Current address in Bangkok
9. Accessible local Thai mobile phone number
10. Security deposit from THB 80,000 to 100,000

Please send those gathering those information and kindly contact (Positive Patient Coordinator: Khun Phat)

Line Official: 0864793969

WhatsApp's: 0864793969

Email: positivecasesmedconsult@gmail.com

State of Quarantine.

-Green status: no symptoms or minor symptoms such no or mild signs and symptoms e.g. fever, cough, runny nose, red eyes and skin rash. after having reported to the COVID-19 Center, the Nurse & Medical team will call you to check twice a day. YOU MUST STAY HOME ISOLATION, because beds at government hospitals are reserved for severe cases. You must self-isolate (not leave your home) for 10 days, and then practice social distancing for 14 days. It is highly recommended that you:

1. Eat with your own dishes and DON'T SHARE THINGS WITH OTHERS, AS MUCH AS POSSIBLE.
2. Always wear a surgical mask during the quarantine and social distancing periods, in order protect yourselves and others.
4. Always wash your hands or use hand sanitizer before eating or touching your eyes, nose or face.
5. You can help maintain your immunity by taking VITAMIN C, VITAMIN D and ZINC.

Yellow or Orange Status:

1. Patients with mild to moderate signs and symptoms, shortness of breath (dyspnea) and fast breathing (tachypnea).

2. Patients with at least one of the following risk factors for poor outcomes:

- Age > 60-year-old
- Lung and respiratory diseases, e.g. Chronic Obstructive Pulmonary Disease (COPD)
- Chronic Kidney Diseases (CKD)
- Cardiovascular diseases (including congenital heart disease)
- Neurovascular diseases e.g. stroke
- Poorly controlled diabetes
- Obesity (weight greater than 90 kg and/or Body Mass Index (BMI > 30 kg/m²)
- Liver diseases
- Immunodeficiency disorders (defined as low white blood cell counts, less than 1,000 cells/mm³)

please call 1669 or 191 for free ambulance service to a hospital.

Red Status:

- Patients with severe respiratory symptoms, e.g. shortness of breath and trouble breathing. Chest x-ray shows signs of severe pneumonia.
- Patients with pneumonia (Fingertip oxygen saturation at rest < 96% or post-exercise fingertip oxygen saturation drops ≥ 3%).

Directly contact 1668 or 1669 for emergency free ambulance service to be admitted to the nearest government hospital.